

**Heart Disease & Stroke Cross Party Group**  
**Wednesday 11<sup>th</sup> June 2014,**  
**Committee Room 6, 1800-2000**

**Refreshing the priorities of the**  
**Better Heart Disease and Stroke Care Action Plan**

**1. Welcome & Apologies**

MSP Attendance

Dennis Robertson (Convenor)  
Margaret McCulloch (Vice-Convenor)

MSP Apologies

Dave Thompson (Vice-Convenor)  
Jackie Baillie  
Alison McInnes  
Alex Neill  
Michael Matheson

**2. Matters arising**

**2.1 Minutes from previous meeting** 12th March 2014

Proposed by: Mrs Jan Buncle; Seconded by Mr Chris Macnamee

**2.2 Update about Actions from previous meeting on 12 March 2014**

- At the March meeting Dennis Robertson (DR) asked the secretariat to write a brief about the need for integrated health and care pathways for Nanette Milne MSP's meeting with the cabinet secretary on 3 April. This was completed and an update will be received from NM prior to the September meeting.
- DR plans to submit a Parliamentary Question to the cabinet secretary to raise the issue about the need for more Heart Failure specialist nurses.

**2.3 ACHD (adult congenital heart disease) update - Dr Liza Morton (LM), Scottish Campaign Manager for The Somerville Foundation**

The consideration of LM's petition has been deferred until the end of 2014.

Parliamentary questions were submitted by DR in December 2013, following the cross party group meeting on congenital heart disease. The cabinet secretary has tasked SCCN with exploring the key issues through a monthly working group. LM will update the cross party group again at a future meeting.

The SCCN has recently seen the following significant developments:

- A Healthcare Standards Working Group meeting monthly chaired by Dr Hamish Walker.
- Lynn Miller, Consultant Cardiologist with the support of Fife Heart Disease MCN is conducting a case finding project, in recognition of the fact that so many GUCH (Grown-up congenital heart disease) patients are lost to follow up nationwide.
- SCCN plans to improve unscheduled care with eKIS in collaboration with the Scottish Centre for Telehealth.
- SACCs (Scottish Adult Congenital Cardiac Service) is currently recruiting for a third consultant & hoping for more local nurses with an interest in congenital cardiac care.
- The draft Scottish standards will take account of nursing care for adults with congenital cardiac disease.
- The West of Scotland Regional Planning Group has a Regional Adults with Congenital Heart Disease project board and the SCCN Manager has been invited to join it.

-Improved communication, educational events, a growing network, quarterly newsletters, conferences and a very successful 'Transition Event' for patients held at the Golden Jubilee National Hospital.

**2.4 Sub-group update - Kim Hartley (KH), the Royal College of Speech & Language Therapists Scotland Officer and Campbell Chalmers (CC), Stroke Nurse Consultant for NHS Lanarkshire**

Final Report and Recommendations from the Stroke Charter sub-group were distributed by KH, and a list of related Lanarkshire services distributed by CC. Sub-group asked DR for a mandate to continue their work to look at 'Stroke: beyond 48 hours' and in particular recovery, rehabilitation and supported self-management (including emotional and family support). DR stated that the sub-group does not require a mandate as this work is considered a natural continuation of the work for which the sub-group was initially tasked. DR also asked the sub-group to monitor awareness-raising and distribution of the Charter over a year since launch (in December 2013) and report back to the cross party group.

**3. Presentations**

**3.1 Refreshing the Priorities for the Heart Disease Action Plan**

A presentation was given by Maureen Carroll (MC), Heart Disease Action Plan Coordinator with the Scottish Government. MC was appointed to the post of Network Manager for CHD Managed Clinical Network in 2004 and launched the Respiratory Managed Clinical Network in 2007. She became the National Heart Disease Action Plan Co-ordinator with the Scottish Government Clinical Priorities Team in 2011, Chair of National Advisory Group for Respiratory MCNs from 2011 to 2013, and MC is now Chair of the Respiratory MCN Managers Group.

MC presented an overview of the process of refreshing the priorities of the Heart Disease Action Plan. She explained the March 2014 summary report and the results from each healthboard area in achieving or working towards the benchmarking criteria, and also the Route Map to the 2020 Vision for Health and Social care. MC will report back to the cross party group once the Refresh document has been endorsed by the Scottish Government.

**3.2 Refreshing the Priorities for the Scottish Stroke Improvement Plan—**

A presentation was given by Katrina Brennan (KB), Stroke Improvement Lead for the Scottish Government. KB has worked in Stroke Care for most of her nursing career, both in stroke units and as a Lead Stroke Liaison Nurse in the community. KB is a member of the National Advisory Committee for Stroke and Chair the NACS/MCN managers forum. She has worked as the Stroke MCN manager in NHS Lanarkshire since 2007 and over the past 4 years has combined that with the role of National Action Plan Coordinator for the Scottish Government, which has now developed into the role of Stroke Improvement Lead for the Scottish Government.

KB presented an overview of the key drivers and components of the Scottish Stroke Improvement Plan but was unable to provide details within the final Action Plan Refresh

document as this is still in draft form. She explained the January 2014 summary report and the results from each healthboard area in achieving or working towards the benchmarking criteria. KB will report back to the cross party group once the Refresh document has been endorsed by the Scottish Government.

#### 4. Discussion

Group discussion included the following issues-

- Work is ongoing on stroke priorities at local and national level, and aims and outputs of the Stroke Charter and National Advisory Committee for Stroke are two different perspectives but compliment each other.
- Congenital heart disease was not included in the Heart Disease Action Plan and SCCN felt that a drawback of basing the consultation on feedback from the 15 territorial NHS Boards is that national work was not taken into account; however, SCCN had been allowed to input to it late in the process and was excited to be part of the Refresh document. Shared care was emphasised with the need for increased engagement of health boards with the tertiary care centres.
- Concerns about the potential issues around integration of health and social care and whether that would make it more difficult to drive progress and monitor outcomes. It is hoped that MCNs will retain control and continue to work in partnership with other agencies.
- The need for integrated activity and exercise for people with long-term conditions to be included in both the heart disease and stroke refresh strategies. Mention of the PARCS project (Person-centred Activities for people with Respiratory, Cardiac and Stroke conditions) running as a partnership between Chest Heart & Stroke Scotland, British Heart Foundation Scotland and British Lung Foundation Scotland and reporting back to the Scottish Government in Sept. 2014.

#### 5. AOCB

None.

#### 6. Future meeting dates of the Heart Disease & Stroke Cross Party Group:

##### 2014 dates:

- **“Every step you make, every breath you take”:** smoking and physical activity as risk factors for heart disease and stroke, **Tuesday 23rd September 2014**, Committee Room 5
- Wednesday 3rd December 2014

##### 2015 dates:

- Wednesday 11th March 2015
- Wednesday 10th June 2015

## Non-MSP Attendance

Title	Forename	Surname	Organisation
Mr	Iain	Armstrong	Caring Together
Mr	Philip	Atkinson	Pfizer
Mr	Matt	Barclay	Community Pharmacy Scotland
Ms	Sheena	Borthwick	NHS Lothian
Ms	Valerie	Breck	Visibility
Ms	Katrina	Brennan	NHS Lanarkshire
Ms	Maki	Brin	Scottish Congenital Cardiac Network (SCCN)
Mrs	Jan	Buncle	Chest Heart & Stroke Scotland
Ms	Maureen	Carroll	NHS Lanarkshire
Mr	Campbell	Chalmers	Scottish Stroke Nurses Forum
Mr	David	Clark	Chest Heart & Stroke Scotland
Mr	David	Cline	Scottish Government
Ms	Pauline	Cuthbert	NHS Ayrshire and Arran
Dr	Carolyn	Deighan	Heart Manual Programme
Prof	Martin	Dennis	NHS Lothian
Ms	Hazel	Dodds	Scottish Stroke Care Audit
Cllr	Craig	Fraser	Highland Council
Mrs	Sarah	Florida-James	Chest Heart & Stroke Scotland
Ms	Gillian	Gunn	Scottish Government
Ms	Sandi	Haines	NHS Borders
Ms	Kim	Hartley	Royal College of Speech & Language Therapists
Mrs	Laura	Hastings	Chest Heart & Stroke Scotland
Dr	Ashish	MacAden	University of Aberdeen
Mrs	Juliet	Mackellaig	Chest Heart & Stroke Scotland
Ms	Angela	Macleod	The Stroke Association
Mr	Chris	Macnamee	
Ms	Brin	Maki	Scottish Congenital Cardiac Network (SCCN)
Mr	Thomas	Marshall	Roche Diagnostics Limited
Mr	David	McColgan	British Heart Foundation Scotland
Mr	Steve	McGlynn	NHS Greater Glasgow and Clyde
Ms	Celia	McQueen	Boehringer Ingelheim
Ms	Gill	Mitan	Bravehearts
Ms	Elsbeth	Molony	The Stroke Association
Dr	Liza	Morton	The Somerville Foundation
Ms	Gillian	Phillips	British Heart Foundation Scotland
Mrs	Lynn	Reid	Chest Heart & Stroke Scotland
Ms	Louise	Scott	Scottish Government
Mr	George	Sime	Kirkcaldy Heart Support Group
Mr	Eric	Sinclair	The Stroke Association
Mr	Mark	Smith	NHS Lothian
Ms	Helen	Stanley	
Ms	Louise	Taylor	The Heart Manual
Ms	Jemima	Traill	British Heart Foundation Scotland