

Cross-Party Group: Arthritis and Musculoskeletal Conditions

Meeting Notes

Wednesday 13 March 2019

Committee Room 5

6pm-7.30pm

Convener: Brian Whittle MSP

1. Brian Whittle MSP welcomed everyone to the meeting with apologies from MSP members Pauline McNeil MSP, David Stewart MSP, Alex-Cole Hamilton MSP, Alexander Stewart MSP

2. Minutes of 7 November Meeting -approved

(1.Sheila Macleod National Rheumatoid Arthritis Society

2. Iain Macdonald National Ankylosing Spondylitis Society)

3. Matters arising/Secretary's update

- Norma Culross, Edinburgh attending as visitor at the recommendation of Kezia Dugdale MSP

- 2019 Meetings Programme update:

National Ankylosing Spondylitis Society Campaign(NASS)- *Every Patient Every Time* has been launched at Westminster Chief Executive, Dr Dale Webb ,will be updating the CPG on campaign progress at the November meeting-meantime summary briefing to be sent to CPG members.

[Every Patient Every Time - National Ankylosing Spondylitis Society 2019.docx](#)

- Petition PE1568 Funding, access and promotion of the NHS Centre for Integrative Care has been forwarded to all CPG members

Petitioner - Catherine Hughes-is calling on the Scottish Parliament to urge the Scottish Government to

1. Ensure that Scotland-wide access to the NHS Centre of Integrative Care (NHS CIC) is restored by providing national funding for a specialist national resource for chronic conditions; and

2. To uphold NHS patient choice and cease the current postcode lottery by removing barriers to patient access and prevent institutional discrimination by helping to promote the benefits of this care pathway for patients with long-term conditions.)

- Name change- National Osteoporosis Society is now the Royal Osteoporosis Society

- *The Elephant in the Room*- our Garden Lobby Reception on Wednesday 15 May 6-8pm

Thank you to funders-ABPI Scotland, National Ankylosing Spondylitis Society, National Rheumatoid Arthritis Society, Versus Arthritis, Polymyalgia Rheumatica-Giant Cell Arteritis Scotland, Scottish

Network for Arthritis in Children, Edinburgh and Lothian Health foundation (later funding contribution also received from British Society of Rheumatology)

Joe Fitzpatrick MSP, Minister for Public Health, Sport and Wellbeing, will be in attendance.

All members /member organisations were reminded re Lobbying Act.

Please note invitations to all MSPs will be sent from Convenor's office.

4. NHS Research Scotland Musculoskeletal Inaugural Research Meeting on 13 March 2019

Professor Stuart Ralston Arthritis Research UK Professor of Rheumatology, Centre for Genomic and Experimental Medicine, Institute of Genetics and Molecular Medicine, University of Edinburgh.

Professor Ralston was invited to summarise the current position re MSK research in Scotland, outcomes from this inaugural meeting and looking to the future.

[CPG presentation 13 March Professor Stuart Ralston.pptx](#)

Lynn Laidlaw, who had attended the inaugural meeting indicated that a Musculoskeletal Network was also to be set up to reflect public and patient involvement .

Professor Colin Howie remarked on how currently the James Lind Alliance helps with grant awards and would this new group continue to use the Alliance?(for information-The James Lind Alliance is a non-profit making initiative established in 2004 bringing patients, carers and clinicians together in Priority Setting Partnerships (PSPs) to identify and prioritise the unanswered questions or evidence uncertainties that they agree are the most important).

Joan Kerr questioned how to contact /involve individuals as representatives if they were not part of a membership organisation?

Sheila Macleod, National Rheumatoid Arthritis Society questioned how patients become engaged and motivated to be involved?

Convenor, Brian Whittle MSP, reflected on how so much research gets done but implementation remains poor-for example support for implementation of SIGN guidelines throughout Scotland.

Dr Ann McEntegart highlighted the situation around costs of prescribing biosimilars but the lack of staff as a resource to support that change.

Professor Ralston agreed that more work needs to be done.

5. Physiotherapy in Scotland, growing the workforce and transforming care.

Kenryck Lloyd- Jones, Policy and Public Affairs Manager, The Chartered Society of Physiotherapy Scotland.

[Physiotherapy in Scotland CPG 13 March 2019 Kenryck Lloyd-Jones.pptx](#)

In summary, The Chartered Society of Physiotherapists Scotland are calling for the Scottish Government to fund an increase in the supply of physiotherapy graduates in Scotland - to fill predicted physiotherapy vacancies in NHS Scotland. Current estimates have identified a need for an additional 90 to 100 additional physiotherapy training places across Scotland, based on workforce demand modelling and current levels of expansion in primary care. This would still be a very modest intervention in terms of costs and administration, compared with published plans for commissioned places of additional medical and nurses training places in Scotland. This would support the current shift in balance of care in Scottish primary care provision.

There was considerable discussion around the current position with regard to training of physiotherapists, looking to future need and poor provision of funding support.

- Course are oversubscribed-with 10 applicants for every place
- The enhanced role of the physiotherapist is essential as a member of the multidisciplinary team in primary care.
- It takes 7-10 years for a physiotherapist to achieve a band 7/8 post.
- Convenor Brian Whittle MSP highlighted that the training period is the same as 2 terms of Parliament.

What is needed to be done to supply the services/adjust the system?

- Proper workforce planning
- Workload measurement
- Information from the Scottish Government
- Perhaps Research could help to shape Policy?

6. Any other business

- Convenor -Update on the Scottish Government's plans for delivery of the devolved benefits, including the devolved disability and carer benefits –letter received from Shirley Anne Somerville MSP .Cabinet Secretary for Social Security and Older People- Convenor will update further at our September 2019 meeting

7. Convenor thanked both speakers for such excellent, informative presentations and all members and guests for contributing to the –as usual- lively discussions which followed.

Date of next CPG meeting is Wednesday 11 September 2019 at 6pm-which will also include the Annual General Meeting

Attendance List

MSP

Brian Whittle MSP-Convenor

Rhoda Grant MSP Deputy Convenor

Rachael Hamilton MSP

Non MSP

Tracy Bowden	Pfizer Pharmaceutical
Marion Butchart	Novartis
Murray Brown	National Ankylosing Spondylitis Society
Jill Carnevale	NHS Lothian
Norma Culross	Invited guest
Mayrine Fraser	Royal Osteoporosis Society
Professor Colin Howie	University of Edinburgh/NHS Lothian
Caron Jenkins	Versus Arthritis
Joan Kerr	Individual member
Lynn Laidlaw	Individual member
Kenryck Lloyd Jones	Chartered Society of Physiotherapists Scotland

Iain Macdonald	National Ankylosing Spondylitis Society
Sheila Macleod	National Rheumatoid Arthritis Society
Maureen McAllister	Versus Arthritis
Dr Anne McEntegert	NHS Greater Glasgow and Clyde/Scottish Society of Rheumatology
Eddie McGill	National Ankylosing Spondylitis Society
Alan McGinley	Versus Arthritis
Selena Meechan	UCB Pharmaceutical
Maree Morrison	Individual member
Jan Munro	Innovative Medicines UK/Bristol Myers Squibb Pharmaceutical Ltd
Lorna Neil	Polymyalgia Rheumatic-Giant Cell Arteritis Scotland
Professor Stuart Ralston	NHS Lothian/University of Edinburgh
Anne Simpson	CPG voluntary secretary
Dr Margaret Smith	Queen Margaret University Edinburgh
Chris Walsh	NHS Lothian

Apologies

Dr Louise Bennet University of Glasgow
Lauren Bennie British Society of Rheumatology
Andrew Fell NHS Greater Glasgow and Clyde
Gail Grant ABVIE
Janice Johnson individual member
Dr Elizabeth Murphy NHS Lanarkshire
John Paton National Rheumatoid Arthritis Society
Dr Ruth Richmond NHS Borders
Tanya Rhodes Faculty of Sport and Exercise Medicine UK
Dr Stefan Siebert University of Glasgow