

The Scottish Parliament Cross Party Group  
on Adult Survivors of Childhood Sexual Abuse

Wednesday 20<sup>th</sup> November 2019 1.00 pm  
Scottish Parliament Committee Room 1

**In attendance**

Johann Lamont MSP, Convener, Fulton MacGregor MSP, Depute Convener  
Anne Macdonald, Co Convener, Emma Bryson, SOS, Lynn Burns, Break the  
Silence, Andrew Campbell, Student, Lorna Ann Deans, Dr Sandra Ferguson, NES  
Scotland, Sheila Gaul, Social Worker, Ewan Law, Rowan Alba, Dr Eric Swanepoel,  
Writer & Researcher, Liz Trodden, Health in Mind, Carol Willson, Student

**Apologies**

Stuart Allardyce, Stop It Now! Scotland, Sandra Brown, Moira Anderson Foundation,  
Treasurer, May Chamberlain, Relationships Scotland, Ann Donnan, Safe Space,  
Tammy Kirk, Health in Mind Dr Adam Mahoney, Glasgow Caledonian University,  
Margaret Mitchell MSP, Dr Javita Narang, Social Destination, Joy Patrick, KASP,  
Janine Rennie, Co Convener, Wellbeing Scotland, Alison Wales, NSPCC

**Welcome and apologies**

Johann welcomed everyone to this business meeting and apologies. Members  
introduced themselves.

**Minutes of the AGM 11<sup>th</sup> September 2019**

Proposed: Sheila Gaul

Seconded: Emma Bryson

**Minutes of Meeting 11<sup>th</sup> September 2019**

Proposed: Lynn Burns

Seconded: Ewan Law

**Matters arising**

Social Media. Johann and Fulton agreed that they will use their Twitter accounts to  
highlight our meetings and any events. It was agreed that due to sensitivities and  
practicalities that this will be the best way forward.

Membership Fees Reminder: Can members who have not paid please contact  
Sandra, or bring their payment to the next meeting?

## Application for membership

Rukhsana Saleem and Michelle Wright applied to join the CPG. This was agreed by the membership. Anne and Janine will inform them with date of next meeting and our Terms of Reference. **Action: Anne and Janine**

## Police Scotland Information Animated Film for Survivors

Discussion took place with most of the membership expressing concerns at the animated film and its portrayal of reporting rape which in their experiences portrayed unrealistic outcomes as well as the potential to re-traumatise survivors. We agreed to write to Police Scotland outlining our concerns; we will also copy Humza Yousaf MSP, Cabinet Secretary for Justice for information. **Action: Anne, Johann and Fulton**

## Events

- Matthew McVarish's short play Titus had to be changed due to some Copyright issues. Matthew gave an extraordinary and moving excerpt from his play 'How to Change the World in 48 Million Steps' reflecting on his own experiences as a survivor walking across Europe to highlight survivor issues.
- Anniversary Event: Still in planning stages, looking at the autumn
- Preventing sexual offending involving children and young people. Stuart from Stop It Now has informed us that this report has been delayed. Stuart suggested we put it on the agenda as a presentation for our next meeting on 22<sup>nd</sup> January 2020
- Scottish Government Policy. Anne met with Nadine Milne, Head of Policy, who has since left her post. We will discuss SG attendance once we know who replaces Nadine.

## Presentation

Dr Sandra Ferguson provided an update on the National Trauma Training Programme commissioned by Scottish Government and being led by NHS Education for Scotland. This aims to support the delivery of trauma informed and trauma responsive training throughout the whole Scottish workforce. This will rely on local training, delivered by local services and providers but using the NES (2017) Transforming Psychological Trauma: Knowledge and Skills Framework as a way of supporting increased standardisation and consistency whilst recognising that training needs will vary by service or team.

The NES (2019) *National Trauma Training Plan* outlines the implementation factors that should support embedding of this approach and this includes a focus on

- Staff wellbeing and support.
- Ongoing staff learning and need for coaching.
- Central involvement of people with lived experience as the norm.

A number of training resources are available to support local deliver these include

- Trauma informed- Opening Doors animation for the adult workforce and sowing seeds for the CYP workforce.
- Trauma skilled- a new e-module has just been launched
- If you are registered with Turas Learn, Developing your trauma skilled practice can be accessed via: <https://learn.nes.nhs.scot/24384/elearning-psychology/developing-your-trauma-skilled-practice>
- It is simple and free to register an account with Turas Learn here: <https://turasdashboard.nes.nhs.scot//User/PersonalDetails/Create?openIdApplicationId=e8c7cbb9-34fd-4c87-8c6c-7232cf6786d7>

There is also a series of free, downloadable resources available on our website <https://www.nes.scot.nhs.uk/education-and-training/by-discipline/psychology/multiprofessional-psychology/national-trauma-training-framework.aspx>

Johann and the group thanked Sandra for her presentation. Sandra is happy for anyone who would like further information to contact her

## **AOCB**

Stop It Now Scotland Upstream Website is a resource for the general public on the practical things we can all do that contribute to the prevention of sexual abuse. It will be launched on 4<sup>th</sup> December at an event in Edinburgh. More information will be provided soon.

## **AOCB**

**Date of next meeting:** Wednesday 22<sup>nd</sup> January 2020 1.00 pm CR1