



YouthLink Scotland is the national agency for youth work. Our vision is of a nation which values its young people and their contribution to society, where young people are supported to achieve their potential.

YouthLink Scotland believes that personal and social education should include:

- **Mental health**
Including how to recognise and handle stress.
- **Children and young people's rights**
Including children and young people's rights online and through digital technology.
- **Active citizenship and political participation**
For children and young people of all ages, noting evolving competencies and opportunities. Also including volunteering.
- **Equality and respect**
- **Social justice**
- **Relationships**
Including but not be limited to consent, sexuality, sexual wellbeing, same-sex relationships, reproductive rights and parenthood.

Personal and social education including the above content should:

- Be statutory, delivered in all primary and secondary schools, including denominational and additional support needs schools, as well as integrated into educational programmes within secure care units and Young Offender Institutions
- Use the UN Convention on the Rights of the Child as a framework
- Be developed in partnership with children and young people
- Be evidence-based and inclusive
- Signpost to local services for young people
- Be delivered with community partners where appropriate

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