

## **PE1651/RRR**

**Ann Kelly submission of 23 December 2017**

Throughout history, unpalatable truths have raised their ugly heads to a shocked public who have found that their indifference or inaction made them complicit in enabling a process that's shaping society for the worse. Many of which are happening today. In fact, it could be said that mind altering drugs are taking society off a cliff edge...

We need to be worried! ...The official line from the top of the house is that this 'hysteria' needs taken down a notch, when in fact it needs racked up several notches.

There are people who are currently in undecipherable and unendurable degrees of pain, that include physical, spiritual, psychological and mental. They have entered a process that they didn't buy into and if they ever emerge from this process, they do not emerge from this process, the same person who unknowingly entered into it.

These are not stupid people... their battlecries echo every corner of the world wide web. Many of them are not unaware people who can't see the bigger picture. For those who can't, they are in no way any less abused by healthcare than those who see this in its context. In spite of this, they are diagnosed as people who are so 'sick' that they are managing to manifest symptoms that

1. are not understood by medicine.
2. are 'unexplainable' to science.
3. warrant little or no investigation other than cursory bloodwork.
4. warrant a psychiatric diagnosis of Medically Unexplained Symptoms.

This diagnosis does many things... it contains a problem that is in fact the making of medicine. It ensures that the patient is carrying sufficient guilt so that they believe they are the root cause of the problem. Job jobbed! The nervous system damage that results from sustained drugging often (but not always) only shows up when the drug is not being taken. For those who have taken the drugs for many years, the disablement is uncomfortably evident but not impossible for the health authorities to hide under multiple labels.

The machinations that are holding this mass drugging in place needs time called on it. The people who are engineering these machinations need brought to the table to discuss what looks like the biggest betrayal and cover up in medicine. Those who sit on the fence and stay silent should not be let off the hook either.

Members of the petitions committee who are reading this might not be directly affected by these drugs, but as we speak, it goes without saying someone in their periphery is... it might be a daughter in law, son, friend, niece, neighbour etc. Sad to say those of us who scream about the scandal are the ones for whom the damage is evident. Many are ignorant, and are slowly sliding into the abyss with each increasing dose ... like I said earlier, we are slowly but permanently falling off a cliff edge.

How so?... I believe our purpose in life is to bring our best selves to the table, where we can bring something of value to the table for the common good of mankind through self expression.

We do this largely by defining ourselves through the things we love! (In my case, dugs, dancin', travel, good food, humour, and a few more besides!)

How can I hope to do any of these things with a damaged nervous system that's interpreting the world in a chaotic, hostile, confusing way in comparison to how things were before?...

Like I said earlier... as a society, we should be very afraid!

The Doctors toolkit contain much more than neuro toxic poisons...

For each case study you have heard in this petition, there is a family looking on in total bewilderment and with some scepticism as they watch their family member display symptoms such as hysteria, fear, incontinence, incoherence, confusion, panic, erratic thinking, and many more disabling behaviors that are the hallmark for their doctors' handy work. When these same families, quite rightly demand answers, and they question the doctor or psychiatrist, they are met with covert aggression where they use a combination of denial, manipulation and control to ensure the patient (victim) and their families back off from questioning.

The "Who me?" card is played by doctors, thereby inviting the families to question the validity of the issue they are complaining about. This gives the healthcare professional permission to continue right on doing what they want to do while ensuring that the family backs off, backs down or even feels guilty themselves for insinuating they are complaining unjustly.

Selective inattention is a similar tactic where the doctor/psychiatrist plays dumb and actively ignores the warnings, pleas or wishes of the patient or their family and refuses to pay attention to everything and anything that might distract from the "care plan" and the "guidelines". Business as usual is the order of the day and it is the role of the doctor or psychiatrist to ensure the guidelines are adhered to.

Rationalization is also the excuse that can be offered for engaging in inappropriate or harmful behavior. Especially, when the explanation or justification the doctor offer makes just enough sense that any reasonably conscientious person is likely to fall for it. Its a powerful tactic because it not only serves to remove any internal resistance that might be happening for the doctor/psychiatrist, and I guess it will quiet any qualms of conscience he might have. It also serves to keep others off his back. If the doctor/psychiatrist can convince you he's justified in whatever he's doing, then he's freer to pursue his goals without interference.

Diversion! Another tactic! A moving target is hard to hit. To pin a doctor or psychiatrist down or keep the conversation focused on a single issue or behavior that the family or patient feel is harmful, they are expert at knowing how to change the subject, dodge the issue or in someway throw a curved ball into the equation.

The self serving agendas of the guidelines are often met at the expense of the patients quality of life. If the harms caused by the drugs were acknowledged, patients would fare much better. As it stands, doctors and psychiatrists are telling families that the dysfunction they see in their family members is a manifestation of their original "mental illness" thus absolving the industry of having to acknowledge the truths spoken by each case study.

Lies are also ways in which the truth is hidden. Courts are well aware of the many ways that people lie, as they require that court oaths charge that testifiers tell "the truth, the whole truth, and nothing but the truth!". It was phrased this way for a reason!

Healthcare professionals can lie by withholding a significant amount of the truth from the patient or by distorting the truth. They are adept at being vague when they are asked direct questions. Telling patients the drugs are safe was a lie... telling patients the drugs are not addictive or dependence forming... this was also a lie! Telling the patient that they can simply stop the drugs or taper the drug over several weeks... this was also a lie!

Covert Intimidation and shaming! It is known for patients to feel threatened and anxious, apprehensive, and in a one down position. Covert aggressiveness can intimidate a patient by making veiled, subtle indirect or implied threats. Guilt tripping and shaming are probably not uncommon. When questioned about the harms done to me, my then GP said to me "I see a great many patients who live miserable lives... but unlike you, they just get on with it!".

Guilt tripping! This can be used to control the consciousness of the patient as a means of keeping them in a self doubting, anxious, and submissive position. The more conscientious the patient, the more effective guilt is as a weapon and ensuring that business as usual is the order of the day.

Playing the Servant Role! Doctors and psychiatrists can be seen to cloak their self serving agendas in the guise of service to a more noble cause. By pretending to be working hard on the patients' behalf, covert aggressive behaviour conceals their own agenda to adhere to guidelines irrespective of the consequences to patients.

"In the light of what you have heard, its important that you consider re framing your perception surrounding the term "depression" and "mental illness". This takes insight (which the accounts have provided you with) but it also takes a heartfelt empathy, (which I believe many of you here today have shown in your response to these accounts.)

Up to now, many people have gone to their graves with the truth on their lips that was never believed because the 'guidelines, the doctors and the psychiatrists' stated otherwise. As I said before, each individuals' damage is as unique as a fingerprint, but make no mistake, each has been damaged and everyone who has suffered as a result of these drugs, has the right to know if they have suffered a brain injury. Surely this as a basic human rights issue?

If we don't translate our empathy into meaningful action on these battle cries now, I believe their pain will echo in our conscience for many years to come."

Its wrong to refer to the people in this petition as 'patients'.... they are not patients, they are victims. It is also wrong to refer to their treatment as "healthcare" it is not... it is prolonged and sustained chemical abuse resulting in traumatic brain injury.

In the interests of propriety, I am containing my rage at what has been done to me and feel its important to update the petitions committee on the status of the health issues that have been given to me through taking an anti depressant for 20 years.

As a result of taking anti depressants, I now have multiple severe disabilities that include 13 different areas of visual distortion, balance issues, visual processing issues, co ordination, sleep issues, digestion issues, joint issues, memory issues, a mast cell problem, neuro degeneration/dysautonomia that was diagnosed by a private clinic in London (letters can be produced if necessary), and multiple chemical sensitivity among many other symptoms.

The informal dialogue that comes about when a patient is in a doctors surgery is hugely telling of the lengths that doctors will go to to ensure that the patient is guilted into taking responsibility for the situation in which they find themselves.

When I visited my doctor for the umpteenth time only to be told that my symptoms were very complex and a solution was not something he could give me, he said to me: "I see a great many people living miserable lives, but THEY just get on with it!"

I asked to speak to a psychiatrist and said to him (quite angrily which I think is wholly understandable) that they have no right to hijack and dismantle peoples lives, he responded "I think you'll find that we already have!"

When I asked an earlier doctor what the outcome would be if I were continually prescribed stronger and stronger medication (as was happening), he leaned back in his seat and told me the name of the mental health ward at the local hospital.

When my brother in law voiced his concerns to my GP that he didn't know best how to help me, as I was tapering effexor, an that I was hysterical and paralysed with fear when he (My Brother in law) spoke at length with me during the night on the phone... the GP responded "She has transfered her dependence of the drug onto you!... If I were you, I'd put a block on your phone line so she can't call!"

The psychologist who saw me for 2 years and stated firmly to my GP in a letter that he believed my difficulties were of a physical origin and not psychological. When he retired from his position, he shook my hand and said to me "You do realise don't you that your life has changed forever?"

Perhaps the most stunning words or gesture I've seen is when I went to the Scottish Parliament and spoke with Scotlands Minister for Health and Wellbeing along with one of the principal medical advisers to the Scottish Government. I recounted a horrifying account that spanned 10 years of symptoms that were unimaginable to most people. It was obvious that at a humanitarian level, they were moved and

empathised deeply with the challenges that I have been given. At the end of my dialogue... expecting everyone to get up and leave, the adviser leaned across to me, brought their head down to my level, reached for my hand, shook it, while they looked into my eyes and said "I'm so very sorry!".

This is where I struggle...Clearly this was a personal apology and not a professional apology. People need to understand how this can be the case that harms can be done, apologies can be given, yet for them... this is an end to the matter? Why is this? Because their lives haven't come to an end! Well it doesn't come close! It doesn't even begin to cut it... not for me, and not for the many thousands of people who are and have been harmed week in... week out, year in ...year out!

The question has to be asked: given that I'm expected to do nothing but accept this, I want to ask a question?....Does the average GP think that the patient walking in after me has a right to know if the drug they are getting prescribed has made the previous patient severely disabled on so many levels that they can't live a life that is even remotely close to normal? I'd say to anyone... especially the petitions clerk reading this, that if you brushed shoulders with a patient who was made disabled by a drug you were about to get given, would you want to know this? Well get this... from what you have read in this petition, its fair to assume that your average GP would not!

Apologies....please can these two facts also be added to my account ...

1. A very senior doctor at the homeopathic hospital said to me when I made him aware of my situation "Don't tell me you are going to be one of those people who throws themselves at the alter of this thing?"

A very senior dentist after spending an hour hearing all that i have endured said to me as he shook my hand on leaving "You know your story needs telling don't you?"...

Make no mistake that doctors know what's going on here. But few will speak through fear.

On a day to day basis:

- My brain fries and feels twice the size of my skull
- It feels like hot mucus is circulating with cracking sensations at my ears and temples that make me topple and loose balance
- My head feels like it's leaning to one side when I walk
- From inside my head I feel like I'm walking like a drunk man
- The 13 visual distortion mean that the moving of my head and eyes is torturous on a minute to minute basis
- I've had to sell my house so I have an income
- I've spent approx 8k on private healthcare and having teeth extracted privately in the hope it will alleviate some symptoms

I have had to sell my home to be able to survive financially and am having to look at having teeth extracted along with other complex dental procedures in private sector the remote hope that it will make me better. I live in forced isolation in a caravan by myself. I'm in my fifties and didn't deserve this.

The NHS are telling me I can take a gabapentinoid drug which I know people online are suicidal from. I feel I'm running for my life and i shake with fear from the harms that doctors can cause.

No longer should media suicide reports leave us with a bewildered sense of unknowing and a licence to look in the other direction. No longer can those who are now 'aware' allow themselves to mutter phrases like 'what could possibly put a person in a place SO DARK!... that ending their lives was a preferable option!

The public have spoken to you at great effort in spite of damaged nervous systems, damaged mitochondria, and many other multiple disabilities that have been quietly and systematically canned and suppressed so that others can benefit. This psychiatric cannibalism cannot continue.

To coin an old phrase 'Wanst ye know better... ye need tae dae better!'. This is now placed firmly at the feet of the Scottish Government.

On a day to day basis , the people whose shattered lives exist behind each and every submission, are contemplating suicide as a viable means to ending the unendurable pain, distress, disability, and social isolation that has been brought into their lives courtesy of "healthcare" (Based on 'so called science' I should add).

I would put it to this government that if, as is often the case, anyone behind any of these submissions takes their life, it would be considered wholly appropriate for this to be brought to your attention and to the attention of the public at large.

Or to coin a slightly different phrase "With great power comes great responsibility!"