

PE1651/X

Submission of 7 January 2018

I would like to share my experience about taking Cipralex (escitalopram) with the Scottish petition. I am writing about it to urge the Scottish government to take action against psychiatric medications.

In 2011 I was prescribed Cipralex (escitalopram) for general anxiety disorder. The dose was 5 mg.

At 9 months I wanted to come off the pill so I stopped it immediately.

When I stopped the pill I started suffering withdrawal symptoms including dizziness, confusion, electric-shock like sensations, brain fog, chronic fatigue, and cognitive disturbances such as memory and concentration problems.

After a few days I realized I developed PSSD (Post-SSRI Sexual Dysfunction) My symptoms included genital anesthesia and loss of libido. I was unable to feel and experience pleasure and enjoyment at this time.

I experienced horrible symptoms in the first 3 years and I've had little support from my gp.

Thank you for reading my story and I hope I can support the petition.