

PE1627/U

Megan McManus submission of 9 February 2018

I was 17 years old and went to see my doctor about how I was always very sweating, could hardly catch my own breath, my chest would always tighten, I couldn't sleep at night and how I was always tired, they spoke to me about a few things that day. I wasn't even in the room for 10 minutes and this was my first visit about how I felt and she told me that she was going to give me a anti depressant/anxiety tablets. I asked why I was giving them I didn't think I needed them and she just said take them for the next 2 months and let me no how you get on as she thought that they would be the best thing for my symptoms.