

PE1651/GGGGGGGGG

Ann Kelly submission of 21 August 2018

Up until now, the main focus of these submissions is the incalculable physical harm of iatrogenic damage from mind altering drugs.

I'd like to focus on other harms that would go otherwise unacknowledged. It is more of a spiritual /emotional nature.

For those of us who did not suffer from immediate adverse reactions from taking these drugs, many go on to inflict the chemicals into their body and brain while they live 'something of a life'. During this time, they are shielded, tooled up, protected from the stresses and strains of life (although what they are also shielded from is experiencing deep joy and heartfelt passion that can only be felt from the seat of a persons own authentic emotions.) They are numb and impervious to making proper connections with people and as such, this can cause great distress in their relationships and personal life.

A parallel to this that is worth pointing out is that if a person walked into a room of 10 people with a knife, and justified it as a protective measure, he would be considered the lowest of the low. He is tooling himself up where he can cause huge harm to people with impunity and the surety that he cannot be harmed in the same way. Mind altering drugs do a similar thing... a family member told me often that when I took these drugs, I had them in tears many times with the things I'd say to them.

This next proverb is one that speaks of the importance of acting independently and deciding your own fate emotionally and spiritually. It indicates how its important to meet lifes challenges head on, the ones that are put at our feet, because they are put there for a reason. Probably because these are the lessons that will equip us to learn the lessons we need to and to become the very best version of ourselves. (The Establishment however, cares nothing about your spiritual and emotional growth... what it does care about is your ability to 'get over it' get tooled up and get back to work and contribute to the coffers!)

Here is the American proverb by Ted Halpern ...

"Love many... trust few...and always paddle your own canoe!"

I'd rather paddle my own canoe... (poorly even!) going into waters that are less than comfortable, and encountering the people and experiences that will teach me the lessons I have to learn, so I can become the best version of myself....than have a drug pusher strap the chemical equivalent of a jet engine onto my undercarriage... ripping the hull to shreds as I tear through tranquil waters and have them call me a medical success story.