

PE1651/KKKK

James P. Ward submission of 20 January 2018

I was on psychiatric medication for almost 30 years; the last product I took was Cymbalta. Of the dozen or so doctors I saw, including a psychiatrist, NONE warned me about the side effects or the problems with withdrawal. When I complained of side effects the doctors, (GP and neurologist) misdiagnosed me as having Poly Myalgia Rheumatica! (When I finally got off the meds the Poly mysteriously disappeared.) The psychiatrist actually admitted that without the psychiatric meds he wouldn't have a role in health care as he doesn't do any "counselling" and all he does is push pills!!!! He absolutely rejects the side effects/withdrawal complaints and refuses to do any research into the problem even though I've sent him articles, videos, etc. He won't read them or watch the videos. After all, he's a doctor, he already knows everything.

The side effects and withdrawal symptoms absolutely ruined my life. I had to give up work, the quality of my life plummeted to zero and all the idiot doctors wanted to do was increase the drugs. The following is a list of side effects/withdrawal effects I suffered:

- Severe Anxiety.
- Depression and mood swings.
- Dizziness and balance problems, vertigo.
- Electric shock sensations. (Brain zaps)
- Extreme Fatigue.
- Flu-like symptoms, muscle aches.
- Headache.
- Loss of coordination.
- Nausea, diarrhea
- Emotionality
- Severe memory damage; my long term memory is virtually non-existent and short term quite unreliable
- Rage

The thing that stuns me most of all is the absolute unwillingness of doctors to recognize this problem and their refusal to do the necessary research. We can not rely on these people anymore. I know that many doctors are nothing more than paid shells for the drug companies but they all can't be on the payroll even though it seems that way