

PE1651/PPPP

Anonymous submission of 21 January 2018

Im a 28 years old male from Brazil, I started taking SSRIs(Paroxetine) when I was 17, to treat anxiety, at the time the Dr. said to me that was a harmless drug, I trusted him. I was on and off of it a couple of times during 6 years, without any persisting issue.

At some point, I moved to another city, far away from my family and I started to become a little depressed, in on of my visits with a Dr in my new city, he decided to switch the paroxetine to LexaPro. For more 4 years I didnt had any problem, until the last year I started to experience some strange erectyle dysfunction and my libido started to fade.

So, I decided to stop the drug, and them things started to go bad, I started to taper the drug following my Dr instructions, after some days off the drug, my body started to ache, I had severe muscle pain and piercing migraines, followed by the madenning "brain zaps", after a month one day, I woke up the an obnoxious constant feeling in my genitals, it was something like an itch that cannot be scratched mixed with a dull pain, it affected all the way from my penis to my anus. My sexual function deteriorated even more, now I wasnt unable to feel pleasure too.

I went back to my Dr. he said it was a relapse and put me back on Lexapro, and it sealed the deal. The pains became worse, the itchy feeling in my nerves spread to all of my body, one day I woke up with a terrible tinnitus AND hyperacusis, spots of my body became numb, I decided to taper the drug, the symptoms scared me, but less drug I took, worse I became, the sinsitivity of my WHOLE BODY diminished, my trigeminal nerve aches with a dull pain, my tinnitus became worse, I developed restless leg syndrome on my left leg, Im unable to sleep properly, I have restless genital syndrome, my sexual function was destroyed, my emotions were numbed, I hasve trouble breathing... I dont know how Im still alive!

I used to be a very happy person, now I can barely feel something.

I used to love music, the tinnitus and hyperacusis made it unpleasant.

I used to to be a very sexual person, now It only frustrates me.

I used to love the cold weather, now I can barely few when its cold or not.

I used to have awesome sleep, now they feel like I only blinked.

I USED TO LIVE, NOW IM ONLY SURVIVING...