

PE1651/YYYYYYYYY

Ann Kelly submission of 4 July 2018

1. This will be my third or fourth submission to the Scottish Parliament. Its something of an update really. I want to encapsulate where I am at given all that I have endured.
2. I want to speak firstly about how when I first realized there was a huge problem that the apparent 'neglect' would show itself and the good doctors would have all hands on deck saying stuff like: "There's a really big problem here... somethings very wrong... one of our patients has become disabledin many areas of her functioning... and all that's happened is that she took a drug under our care, under our instruction and with trust in our word that it is safe!... we need to look into this cos clearly somethings gone wrong!!!
3. Fast forward 10 years, and I'm still waiting...locked in a reality that I don't want to be in! The whole idea that doctors have been simply neglectful is long since gone from my vocabulary! I consider that the 200 or so submissions reflect an abuse of doctors' position.
4. How stupid was I for thinking that my doctor would be saying to themselves that it is morally, ethically and medically wrong to turn a functional person into a disabled person even if they experience sadness and from time to time anxiety. Its worth mentioning here, that any sadness or anxiousness I experienced was as a result of external stimulus! Which is wholly human and completely understandable.
5. Now however, there is no chemical stability inside my body! Whereas before chemical stability was something that I took for granted! What staggers me beyond words is this: All these mind altering drugs are just what it says on the tin! Mind... Altering... Drugs!!! So why then when a patient has taken these drugs and they are in a state of suffering clearly tortured by the legacy, do doctors think its okay to raise their eyebrows and imply to the patient that this suffering is the patients fault? Geez!!! The drugs are targeted DIRECTLY at the brain and the workings therein!
6. As doctors keep schtum throwing in a few medical terms for good measure, friends and family look on in astonishment not knowing what to make of behaviours that sit totally at odds with the person they have known!
7. Its been said that the lie is never in what you ARE told by your doctor.... it is in what you are NOT told! This would ring true, because it appears to me that doctors smugly assure patients that the drugs are safe to take... what I believe they fail to tell patients is that the drugs are not safe to stop! That little nugget doesn't become apparant to the patient until they try to come off the drug. By which time, the resultant behaviours/symptoms/legacy is medicalised as a separate condition requiring?.... you've guessed it! More drugs!!!

8. I remember the words of someone who worked at the Council for Information on Tranquillisers Antidepressants and Painkillers (CITAP)¹ in Liverpool who said 'Imagine you have seen a colour that is a totally new colour that has never been seen by anyone before... only you can see it! How would you go about ensuring your description ensured your friends, family or colleagues could also see it?' The problem with this is that no matter how hard you would try, it would be pretty much impossible for them to 'get it!'. Why?... because, they have no point of reference for it... they've never seen it before, so any known descriptors are of no use to them!
9. Equate this to a persons neurochemistry being messed up with the drugs! The carnage left behind has affected all of their bodily systems. Psychologically they feel distanced, weird, messed up, disturbed... all of the above, and their actions and behaviours reflect what they are experiencing internally! Again, I come back to the previous example... unless you have experienced this... how can friends family and colleagues possibly relate?
10. This inability of family etc to relate to these challenges suits the state no end! All they have to do is shrug their shoulders... throw around a few random labels that they made up, (Honestly! Its true!) and do nothing and allow the patient to demonstrate the systems 'original findings' which are that the person has a mental illness.
11. The evidence against psychiatric claptrap is mounting, and will only continue to mount up so that the filth that is known as psychiatry will float to the top where everyone can see it!
12. As for myself... I want to speak about my doctor/patient relationship and how it has manifested over time. My doctors practice has asked me to leave the practice and go register with another doctor. They have suggested that I register at a practice near a caravan that I spend time in! Its quite an unusual thing to happen given that my home, 250 yards from the practice.
13. The lengths that the establishment will go to to remove discomfort from their line of sight is astonishing.
14. I want to finish up with a quick summary. This is Ann Kelly... nearly a decade off these drugs... still severely disabled...I have major visual disturbance in 13 different areas of my vision...burning/stinging/crushing pains in my skull 24/7...ice packs needing changed every 20 mins for the last 10 years...balance issues...memory issues...digestive issues...cognitive issues...sleep issues...still waiting for my two week withdrawal to come to an end... and wandering in the long grass looking for a doctor having been told to go elsewhere.

¹ <http://www.citap.org.uk/>

15. Anyone reading this... join up the dots... fast!!! (There's 200 of them and counting) Psychiatry is a runaway train that is taking society right off a cliff edge! Is this the world you want for your children and their children?...

16. Your call!...