

PE1651/QQQQQQQQ

Anonymous submission of 17 April 2019

I am carer to my son in the mental health system and tried many times to help my son withdraw from psychiatric drugs. I failed abysmally, with my son now condemned to live an unfulfilled life.

I hypothesise patients who have genetic metabolising pathways that are incompatible with psychiatric drugs are those who have the most difficulty in withdrawing safely and effectively. My son is one of those people.

I have included a link to an article: '[TREATMENT EMERGENT VIOLENCE TO SELF AND OTHERS; A LITERATURE REVIEW OF NEUROPSYCHIATRIC ADVERSE REACTIONS FOR ANTIDEPRESSANT AND NEUROLEPTIC DRUGS AND GENERAL MEDICATIONS](#)'.

The issue of pharmacogenetics (drug metabolism) with psychiatric drugs was suppressed and rejected by DH England in 2010, during their New Ways of Working initiative. I as a carer played a role.

I hope the Scottish Parliament will have a different outcome; firstly that current mental health patients will be given an opportunity to withdraw safely from psychiatric drugs and secondly potential future patients are genetically tested prior to prescribing to ensure they are suitable for psychiatric drugs.